



# COMMUNITY HEALTH EDUCATION MAJOR—M.P.H.



UNIVERSITY OF MINNESOTA

School of Public Health

The Community Health Education (CHE) major prepares students to be public health leaders who can design, implement, advocate for, and evaluate efforts to promote healthy behaviors and social conditions and to change high-risk behaviors and social patterns in a variety of settings. Community Health Education students benefit from working alongside nationally recognized faculty, a low student-to-faculty ratio, and opportunities to acquire experience working on community-based projects.

## For more information about the Community Health Education Major

Web site: [www.epi.umn.edu](http://www.epi.umn.edu)

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## School of Public Health, Student Services Center, and application informa- tion and materials

Web site:  
[www.sph.umn.edu/  
students/application/](http://www.sph.umn.edu/students/application/)  
E-mail: [sph-ssc@umn.edu](mailto:sph-ssc@umn.edu)  
Phone: (612) 626-3500  
Toll Free: (800) 774-8636  
Fax: (612) 624-4498

## Program Curriculum

The standard two-year program requires a minimum of 48 credits to complete. Students may pursue the M.P.H. on a full-time or part-time basis. The majority of the courses are offered during the day.

### Theory (6 credits)

Community Health Theory and Practice I (*PubH 6050, 3 credits*)  
Community Health Theory and Practice II (*PubH 6051, 3 credits*)

### Health Behavior & Policy Intervention (8 credit minimum)

E-Public Health: Online Intervention Design (*PubH 6000, 3 credits*)  
Obesity and Eating Disorders: Treatment, Prevention, and Policy  
(*PubH 6000, 2 credits*)  
Skills for Policy Development (*PubH 6000, 1 credit*)  
HIV/AIDS: Epidemiology and Public Health Interventions (*PubH 6015,  
2 credits*)  
Legislative Advocacy Skills for Public Health (*PubH 6049, 3 credits*)  
Social Inequalities in Health (*PubH 6055, 2 credits*)  
Building Communities, Increasing Health: Preparing for Community  
Health Work (*PubH 6066, 2 credits*)  
Mass Communication and Public Health (*PubH 6074, 3 credits*)  
Public Health Policy as a Prevention Strategy (*PubH 6078, 2 credits*)  
Prevention and Control of Tobacco and Alcohol Problems (*PubH 6082,  
3 credits*)  
Violence Prevention and Control: Theory, Research and Application  
(*PubH 6123, 2 credits*)  
Immigrant Health Issues (*PubH 6281, 3 credits*)  
Reproductive and Perinatal Health (*PubH 6605, 2 credits*)  
Children's Health: Issues, Programs and Policies (*PubH 6606, 2 credits*)  
Adolescent Health: Issues, Programs and Policies (*PubH 6607, 2 credits*)  
Sexuality Education: Criteria, Curricula and Controversy (*PubH 6627,  
1 credit*)  
Advocacy and Children's Rights (*PubH 6634, 2 credits*)  
Maternal and Infant Nutrition (*PubH 6902, 2 credits*)  
Child and Adolescent Nutrition (*PubH 6903, 2 credits*)  
Community Nutrition Intervention (*PubH 6914, 3 credits*)  
Advanced Community Organization and Advocacy (*SW 8505, 3 credits*)

### Assessment Methods (9–10 credits)

Program Evaluation for Public Health Practice (*PubH 6034, 3 credits*)  
Applied Research Methods (*PubH 6035, 3 credits*)  
Biostatistical Methods II (*PubH 6415, 3 credits*) **or**  
Biostatistics II (*PubH 6451, 4 credits*)

### Public Health Core Courses (11–13 credits)

Environmental Health (*PubH 6101, 2 credits*) **or**  
Issues in Environmental and Occupational Health (*PubH 6102, 2 credits*)  
Fundamentals of Epidemiology (*PubH 6320, 3 credits*) **or**  
Epidemiologic Methods I (*PubH 6341, 3 credits*)  
Biostatistical Methods I (*PubH 6414, 3 credits*) **or**  
Biostatistics I (*PubH 6450, 4 credits*)  
Ethics in Public Health: Professional Practice and Policy (*PubH 6741,  
1 credit*) **or**  
Ethics in Public Health: Research and Policy (*PubH 6742, 1 credit*)  
Principles of Management in Health Services Organizations (*PubH 6751,  
2 credits*)

### Electives (9–12 credits)

Electives are to be determined with the advisor; they must be graduate-level courses but they are not restricted to School of Public Health courses. Students may choose courses relevant to target groups or health behaviors, designed to advance knowledge in epidemiology or biostatistics, relevant to the Master's Project, or expand professional skills.

### Fieldwork and Master's Project Overview (2–4 credits)

All CHE students must complete both a supervised field experience and a Master's Project. The field experience must be with a public health or related organization outside the School of Public Health. Two strategies are available for students to meet the field experience and Master's Project requirements:

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## COMMUNITY HEALTH EDUCATION MAJOR—M.P.H. *continued*

**Strategy 1:** Students can choose to complete a Master's Project that can take the form of a needs assessment, program development, or program evaluation for a community-based organization. This strategy fulfills both the field experience and Master's Project requirements. Students choosing this strategy will register for PubH 7094 Master's Project (2 credits).

**Strategy 2:** Students can choose to fulfill their fieldwork requirement by completing an internship. These students must then complete one of the Master's Project options mentioned in strategy 1, or if they have an interest in research and analysis they may instead complete a research or data analysis project. Students choosing strategy 2 will register for both PubH 7096 Field Experience (2 credits) and PubH 7094 Master's Project (2 credits).

### Dual/Joint Degrees

The School of Public Health offers numerous joint and dual degree options in collaboration with schools and colleges across the University, including business, law, journalism, medicine, public policy, social work, and veterinary medicine. For more information, please see:

[www.sph.umn.edu/education/degrees/dualdegrees/home.html](http://www.sph.umn.edu/education/degrees/dualdegrees/home.html).

### Admission Preferences

Admission requires a baccalaureate degree or higher from an accredited college or university. Admissions committees in each major review applicants according to their personal statements, background and experience, record of academic achievement, demonstrated academic potential, letters of recommendation, compatibility of interests with program faculty, and other factors. Test scores and GPAs provide competitive points of reference for admission but are not used exclusively in the admissions review.

#### Preferred Performance Levels

- GPA of 3.0
- Combined GRE (verbal, quantitative) score of 1000, a 3.5 analytical writing score
- TOEFL score of 600 on the paper test **or** 250 on the computer-based test **or** 90 on the internet-based (iBT) test for applicants whose native language is not English

#### Prerequisites

- College-level courses in the following areas: social and behavioral science (at least three courses) and quantitative methods (e.g., statistics).
- Baccalaureate degree
- Preference is given to applicants who have at least one year of paid or significant volunteer experience in a public health, social service, or community setting.

Applicants are admitted from a wide variety of academic backgrounds, including social and behavioral sciences (e.g., psychology, sociology, anthropology), the humanities, basic sciences (e.g., biology, nursing), and mathematics.

### Application Deadlines

- Priority: December 15
- Final: April 15

### Admission Decisions

The admissions committee begins review of applications in mid-December. Applicants are notified about admission decisions by mail approximately six weeks after their completed application is received.