I. Course Description
This course fulfills the behavioral science core requirement for MPH students, but is open to any graduate students with interest in the material. This course provides both depth and breadth in addressing social and behavioral science concepts.

Material will address theories and applications in public health. The course will focus on four major approaches to public health problems:

- Psychosocial
- Community
- Economic
- Policy
The psychosocial unit will include exposure to multiple behavioral theories, application of theory in understanding etiology and planning interventions, and measurement issues.

The community unit will include a review of community change concepts and theories and exposure to community organizing techniques.

The economic unit will address such functions as supply and demand, opportunity costs, taxes and subsidies, economic evaluation of good and services, and costs versus benefits and effectiveness in examining the role of economics in decision-making about public health.

The policy unit will address the structure of government, institutional behavior and theories, and administrative, judicial, and legislative processes.

Lectures provide students with an overview of theory and implementation. Written activities provide the opportunity to apply learning to practice simulations, and written paper assignments provide an opportunity to synthesize lectures, readings, and activities into intellectual and creative documents.

Acknowledgments
The contents of PUBH 6020 have been developed with the contributions of numerous instructors. Dr. Linde, the current instructor, has been involved with the majority of recent content and modifications, in collaboration with Drs. Harry Lando, Rhonda Jones-Webb and Toben Nelson in the Division of Epidemiology & Community Health, with contributions from Drs. Ira Moscovice, Anne Barry, and Roger Feldman in the Division of Health Policy & Management. The SPH Office of E-Learning Services has made significant contributions to the format and delivery of this course.

II. Course Prerequisites
Enrolled in SPH degree or certificate program or other graduate program; postbaccalaureate status.

III. Course Goals and Objectives
After completion of this course, students will be able to:

• Describe how behavioral sciences can be used to understand and intervene upon current public health problems;

• Articulate how psychosocial and community theories are used to design, implement, and evaluate public health programs;

• Understand the application of economic theory to public health;

• Describe the major models and theories from political science and public policy that influence change;

• Communicate how public and private institutions create change in public health behaviors or the environment in which individual behavior responds; and

• Acquire skills in the application of behavioral science to current public health problems.

IV. Methods of Instruction and Work Expectations
The course includes lectures (approximately 2/3 of the course) and written assignments (approximately 1/3 of the course). Lectures are available as audio recordings and PowerPoint slides at the course website.

At the course website, you will also find all readings, the syllabus, contact information for the instructor and TA, activity and written assignment instructions, as well as links to other useful information. In addition, the website provides an opportunity for students to ask questions and participate in discussions with the rest of the class, the TA, and the instructor.

Access to the course website is available through your University of Minnesota student Internet account (go to http://www.myu.umn.edu/); you will receive email instructions on accessing the class in time for the first day of the course on June 12, 2017.
Be sure to check the website and your email regularly (ideally, at least once a day) during the semester. We will use email announcements and the discussion board at the website to communicate throughout the semester. If you receive an email from the instructor or TA, please take the time to respond, so that we can be sure you have received our communications.

**Activities**

Each unit will have at least one graded activity that addresses practical applications of the concepts presented in lectures and readings. For each, you will be asked to respond to a scenario or other exercise in a brief written format (1 to 2 pages). You may discuss ideas about these activities with classmates, but we ask that each student submit an individual written document. We will open a discussion board for each learning activity so that you may share ideas with other students in the course. Assignment details can be found on the course website.

**Activity Due Dates**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activity 1</td>
<td>Friday June 16</td>
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<tr>
<td>Activity 2</td>
<td>Friday June 30</td>
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<tr>
<td>Activity 3</td>
<td>Friday July 14</td>
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<tr>
<td>Activity 4</td>
<td>Friday July 28</td>
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<tr>
<td>Activity 5</td>
<td>Friday August 11</td>
</tr>
</tbody>
</table>

**Concept Application Assignments**

The concept application assignments will consist of a topic brief (abstract) and four written short-answer format assignments, one for each unit of the course. One of the major objectives of this course is for students to be able to apply social and behavioral science concepts and theories to public health issues within their own discipline and specific field of practice; to accomplish that goal, students will choose a health topic of interest to them, described in their topic brief, and they will write about that topic throughout the semester. These assignments are completed and graded individually. Details on the assignments can be found on the course website.

**Concept Application Due Dates**

<table>
<thead>
<tr>
<th>Topic Brief/Abstract</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Friday June 23</td>
</tr>
<tr>
<td>Concept Application 1</td>
<td>Friday July 7</td>
</tr>
<tr>
<td>Concept Application 2</td>
<td>Friday July 21</td>
</tr>
<tr>
<td>Concept Application 3</td>
<td>Friday August 4</td>
</tr>
<tr>
<td>Concept Application 4</td>
<td>Friday August 18</td>
</tr>
</tbody>
</table>

**Expected Effort**

University of Minnesota policy states that work expectations per credit hour are fixed at a ratio of 1:3. That is, a single credit course assumes three hours of work per week including class attendance for a course during a 15-week semester. So, a three-credit course such as this one assumes that you will work an average of nine hours per week, including about 3 hours spent on lectures, and 6 hours in outside study. Because this is a summer course in a 10-week semester, you may expect to work at least 15 hours per week on the course.

**Strategies for Taking an Online Course**

Keep in mind that this is not a “go at your own pace” course. All assignments have specific deadlines, and we have suggested a pace for completing the lectures and readings so that students will be optimally prepared to stay on top of the course material and have the knowledge base to complete all written assignments effectively. That said, one of the best things about online classes is that they provide flexibility: the lectures are always available and can be completed anywhere, any time, and in a variety of formats.

We encourage students to communicate with each other using discussion board threads or email, in order to exchange ideas and share helpful comments. Also, feel free to ask questions of the instructor or TA. We respond to your emails or posted comments on the discussion board within 24 hours of the time we receive/read your message. We are also available by telephone during business hours (approximately 9-5 PM Central Time, Monday-Friday) and will do our best to return phone calls by the next business day.

In this class, our use of technology will sometimes make students’ names and U of M Internet IDs visible within the course website, but only to other students in the same class. Since we are using a secure, password-protected course website, this will not increase the risk of identity theft or spamming for anyone in the class. If you have concerns about the visibility of your Internet ID, please contact me for further information.
Important Rule:  In your communications with fellow students or the instructor and TA, please remember to use the same etiquette you would use in face-to-face conversations.

Logistics

HOW THIS CLASS WORKS:
This is an online course that requires consistent Internet access during the 10 weeks of Summer term. There is one written assignment due each week, and significant late penalties apply to all assignments that are not submitted by their respective deadlines. The pace of this class is especially fast, as this is a 3-credit class offered for 10 weeks (instead of the usual 15 weeks in Fall and Spring semesters).

If you will not have consistent Internet access or know of other voluntary circumstances that will keep you away from class for 2 weeks or more during the term, you should take this class during another semester. The course is taught online in each term and also in person during Fall semester.

We understand that you may encounter technical problems with the website. If you have a problem uploading an assignment, don’t panic! We can help you solve these problems (or, assignments can be emailed as Word document attachments to your grader in the event of a website “emergency”) or make allowances as needed. For technical assistance with the website in general, you may refer to the course welcome email you receive at the beginning of the semester, or contact the Distance Education Coordinator directly at decsph@umn.edu or (612) 626-5069.

V. Course Text and Readings

The textbook for this course is Health Behavior, 5th Edition (listed as HB throughout the schedule). All course readings (including the textbook) are available on the course website and are listed below, and instructions for accessing the readings may be found at the course Moodle site. Students are encouraged to complete the assigned readings prior to the lecture in which the topics are covered, as specified in the Course Outline. In addition, the course website provides supplemental readings for further information about course topics. The citation for the full textbook is listed below:


Assuming you are using a single chapter from the book, and not the entire book, you would cite an individual chapter as follows:


NOTE: Citations in the course schedule are in APA format, in case you are looking for an example of reference format to use in your papers.

VI. Course Outline/Weekly Schedule

Week 1 / Introduction / Social Ecological Framework

Monday, 6/12 (first day of class): Lesson 1 — Course Introduction (<10 minutes)

Required Readings:

1. HB Chapter 1
2. HB Chapter 2
**Wednesday, 6/14:** Lesson 2 — Social Ecological Models (17 minutes)

Required Readings:

1. HB Chapter 3

REMINDER: ACTIVITY 1 DUE FRIDAY JUNE 16 BY 11:55 PM.

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**Week 2 / Psychosocial Theories**

**Monday, 6/19:** Lesson 3 — Health Belief Model (26 minutes)

Required Readings:

1. HB Chapter 5

**Wednesday, 6/21:** Lesson 4 — Theory of Reasoned Action/ Theory of Planned Behavior / Transtheoretical Model (18 minutes)

Required Readings:

1. HB Chapter 6
2. HB Chapter 7

REMINDER: ABSTRACT DUE FRIDAY JUNE 23 BY 11:55 PM.

ACTIVITY 1 GRADES WILL BE POSTED ON WEDNESDAY JUNE 21

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**Week 3 / Psychosocial Theories (continued)**

**Monday, 6/26:** Lesson 5 — Social Cognitive Theory (13 minutes)

Required Readings:

1. HB Chapter 9

ABSTRACT GRADES WILL BE POSTED ON WEDNESDAY JUNE 28.

REMINDER: ACTIVITY 2 DUE FRIDAY JUNE 30 BY 11:55 PM.
Week 4 / Psychosocial Theories (continued) / Concept Application 1 Due
Monday, 7/3: Lesson 6 — Social Networks and Social Support / Stress & Coping (24 minutes)

Required Readings:
1. HB Chapter 10
2. HB Chapter 11
3. HB Chapter 12

REMINDER: CONCEPT APPLICATION 1 (PSYCHOSOCIAL MODEL) DUE FRIDAY JULY 7 BY 11:55 PM.
ACTIVITY 2 GRADES WILL BE POSTED ON WEDNESDAY JULY 5.

Week 5 / Community + MIDTERM
Monday, 7/10: Lesson 7 — Community Approaches (14 minutes)

Interview (video link embedded at course website): Traci Toomey on Organizing Community Alcohol Prevention Campaigns

Required Readings:

Wednesday, 7/12: Lesson 8 — Community Organizing (15 minutes)

Required Readings:
1. HB Chapter 15

REMINDER: ACTIVITY 3 DUE FRIDAY JULY 14 BY 11:55 PM.
CONCEPT APPLICATION 1 GRADES WILL BE POSTED ON FRIDAY JULY 14.

Week 6 / Community (continued) / Economics and Public Health
Monday, 7/17: Lesson 9 — Diffusion of Innovations and Social Marketing (16 minutes)

Required Readings:
1. HB Chapter 16
2. HB Chapter 21
Wednesday, 7/19: Lesson 10 — Economic Approach to Public Health Policy (68 minutes)

Required Readings:

1. HB Chapter 20

ACTIVITY 3 GRADES WILL BE POSTED ON WEDNESDAY JULY 19.

REMINDER: CONCEPT APPLICATION 2 (COMMUNITY APPROACHES) DUE FRIDAY JULY 21 BY 11:55 PM.

Week 7 / Economics and Public Health (continued)

Monday, 7/24: Lesson 11 — Economic Approaches: Vaccines (60 minutes)

Required Readings:


Wednesday, 7/26: Lesson 12 — Economic Approaches: Obesity (68 minutes)

Required Readings:


REMINDER: ACTIVITY 4 DUE FRIDAY JULY 28 BY 11:55 PM.

CONCEPT APPLICATION 2 GRADES WILL BE POSTED ON FRIDAY JULY 28.
Week 8 / Economics and Public Health (continued); Public Health Policy

Monday, 7/31: Lesson 13 — Economic Approaches: Gun Control (64 minutes)
Required Readings:


Wednesday, 8/2: Lesson 14 — What is Public Health Policy? (34 minutes)
Required Readings:

1. U.S. Constitution

REMINDER: CONCEPT APPLICATION 3 (ECONOMIC FACTORS) DUE FRIDAY AUGUST 4 BY 11:55 PM.

ACTIVITY 4 GRADES WILL BE POSTED ON WEDNESDAY AUGUST 2.

Week 9 / Public Health Policy (continued)

Monday, 8/7: Lesson 15 — Public Health Law (35 minutes)

Interview (video link posted at course website): Hubert H. (Skip) Humphrey III on the Role of the Attorney General in Public Health

Required Readings:


Wednesday, 8/8: Lesson 16 — Interest Group Theory and the Policy Process (42 minutes)

Required Readings:


REMINDER: ACTIVITY 5 DUE FRIDAY AUGUST 11 BY 11:55 PM.

CONCEPT APPLICATION 3 GRADES WILL BE POSTED ON FRIDAY AUGUST 11.
Week 10 / Public Health Policy (continued) + LAST WEEK OF CLASS

Monday, 8/14: Lesson 17 — Policy Analysis (35 minutes)

Required Readings:

GRADES FOR ACTIVITY 5 WILL BE POSTED WEDNESDAY AUGUST 16.

REMINDER: CONCEPT APPLICATION 4 (POLICY APPROACH) DUE FRIDAY 8/18 BY 11:55 PM.

WE WILL SUBMIT FINAL GRADES TO THE REGISTRAR BY WEDNESDAY 8/23 AT 5:00 PM CENTRAL TIME. DUE TO COURSE EVALUATION PROCEDURES, GRADES FOR CONCEPT APPLICATION 4 WILL NOT BE IMMEDIATELY AVAILABLE AT THE COURSE WEBSITE. See Course Evaluation for more information.

VII. Evaluation and Grading

Students will be evaluated through multiple written assignments. Final grade will be assessed on a 200-point scale; there are no opportunities for extra credit in this course.

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abstract</td>
<td>10</td>
</tr>
<tr>
<td>One Concept Application per unit, 35 points each</td>
<td>140</td>
</tr>
<tr>
<td>Activities (5 activities, 10 points each)</td>
<td>50</td>
</tr>
</tbody>
</table>

**Total** 200

Each assignment is due to the course website by 11:55 PM Central Time on the due date; any assignment submitted at 12:01 AM or beyond will be considered late. One (1) point will be deducted for each day the abstract or an activity is late. Two (2) points will be deducted for each day a concept application is late. We will not accept any assignments after they are four (4) days late. The course instructor and TA will be grading these assignments using specific grading criteria to ensure a standard process for all.

If you anticipate having difficulty meeting due dates due to unusual circumstances, you must make arrangements with your grader at least 24 hours in advance of the due date to be eligible for full credit for your work. We are always flexible with students who have documented disabilities or documented illnesses, military obligations, or family/other emergencies.

In the interest of being fair and consistent across the class, in which all of us have multiple commitments pressing on us: If your circumstances are voluntary (e.g., planned vacation, family or friends in town, non-emergency work commitment or busy work schedule, known course or training overlaps, wedding or other event that overlaps with an assignment due date), an extension will not be granted. We recommend that you do your best to manage your time to complete an assignment before the planned travel or other event in order to avoid late penalties, or accept the late points as a trade-off for any extra time you may take.

The instructor and TA will grade all assignments and return feedback to students as quickly as possible. All assignment deadlines are set so that the instructor and TA are able to return feedback before another related assignment is due.
Grades will be based on the following scale:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>93 - 100%</td>
</tr>
<tr>
<td>A-</td>
<td>90 - &lt;93</td>
</tr>
<tr>
<td>B+</td>
<td>87 - &lt;90</td>
</tr>
<tr>
<td>B</td>
<td>83 - &lt;87</td>
</tr>
<tr>
<td>C</td>
<td>77 - &lt;80</td>
</tr>
<tr>
<td>C-</td>
<td>73 - &lt;77</td>
</tr>
<tr>
<td>D+</td>
<td>67 - &lt;70</td>
</tr>
<tr>
<td>D</td>
<td>60 - &lt;67</td>
</tr>
<tr>
<td>F</td>
<td>Below 60</td>
</tr>
</tbody>
</table>

For Master's of Public Health (MPH) students: This course is designated as part of the public health core requirements and effective Fall 2005, MPH students must take this course for a letter grade (A-F). MPH students are required to achieve no less than a B- grade in each of the public health core courses.

The University utilizes plus and minus grading on a 4.000 cumulative grade point scale in accordance with the following:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Grade Point</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>4.000</td>
<td>Represents achievement that is outstanding relative to the level necessary to meet course requirements</td>
</tr>
<tr>
<td>A-</td>
<td>3.667</td>
<td></td>
</tr>
<tr>
<td>B+</td>
<td>3.333</td>
<td>Represents achievement that is significantly above the level necessary to meet course requirements</td>
</tr>
<tr>
<td>B</td>
<td>3.000</td>
<td>Represents achievement that meets the course requirements in every respect</td>
</tr>
<tr>
<td>B-</td>
<td>2.667</td>
<td></td>
</tr>
<tr>
<td>C+</td>
<td>2.333</td>
<td></td>
</tr>
<tr>
<td>C</td>
<td>2.000</td>
<td></td>
</tr>
<tr>
<td>C-</td>
<td>1.667</td>
<td></td>
</tr>
<tr>
<td>D+</td>
<td>1.333</td>
<td>Represents achievement that is worthy of credit even though it fails to meet fully the course requirements</td>
</tr>
<tr>
<td>D</td>
<td>1.000</td>
<td></td>
</tr>
<tr>
<td>S</td>
<td></td>
<td>Represents achievement that is satisfactory, which is equivalent to a C- or better.</td>
</tr>
</tbody>
</table>

For additional information, please refer to:
http://policy.umn.edu/Policies/Education/Education/GRADINGTRANSCRIPTS.html.

The SPH will collect student course evaluations electronically using a software system called CoursEval: www.sph.umn.edu/courseval. The system will send email notifications to students when they can access and complete their course evaluations. Students who complete their course evaluations promptly will be able to access their final grades just as soon as the faculty member renders the grade in SPHGrades: www.sph.umn.edu/grades. All students will have access to their final grades through OneStop two weeks after the last day of the semester regardless of whether they completed their course evaluation or not. Student feedback on course content and faculty teaching skills are an important means for improving our work. Please take the time to complete a course evaluation for each of the courses for which you are registered.

Incomplete Contracts
A grade of incomplete "I" shall be assigned at the discretion of the instructor when, due to extraordinary circumstances (e.g., documented illness or hospitalization, death in family, etc.), the student was prevented from completing the work of the course on time. The assignment of an "I" requires that a contract be initiated and completed by the student before the last official day of class, and signed by both the student and instructor. If an incomplete is deemed appropriate by the instructor, the student in consultation with the
instructor, will specify the time and manner in which the student will complete course requirements. Extension for completion of the work will not exceed one year (or earlier if designated by the student’s college). For more information and to initiate an incomplete contract, students should go to SPHGrades at: www.sph.umn.edu/grades.

University of Minnesota Uniform Grading and Transcript Policy
A link to the policy can be found at onestop.umn.edu.

VIII. Other Course Information and Policies

Grade Option Change:
Grade option change deadlines for summer and half-semester courses can be found at onestop.umn.edu.

Course Withdrawal:
Students should refer to the Refund and Drop/Add Deadlines for the particular term at onestop.umn.edu for information and deadlines for withdrawing from a course. As a courtesy, students should notify their instructor and, if applicable, advisor of their intent to withdraw.

Students wishing to withdraw from a course after the noted final deadline for a particular term must contact the School of Public Health Office of Admissions and Student Resources at sph-ssc@umn.edu for further information.

Student Conduct Code:
The University seeks an environment that promotes academic achievement and integrity, that is protective of free inquiry, and that serves the educational mission of the University. Similarly, the University seeks a community that is free from violence, threats, and intimidation; that is respectful of the rights, opportunities, and welfare of students, faculty, staff, and guests of the University; and that does not threaten the physical or mental health or safety of members of the University community.

As a student at the University you are expected adhere to Board of Regents Policy: Student Conduct Code. To review the Student Conduct Code, please see: http://regents.umn.edu/sites/default/files/policies/Student_Conduct_Code.pdf.

Note that the conduct code specifically addresses disruptive classroom conduct, which means "engaging in behavior that substantially or repeatedly interrupts either the instructor's ability to teach or student learning. The classroom extends to any setting where a student is engaged in work toward academic credit or satisfaction of program-based requirements or related activities."

Scholastic Dishonesty:
You are expected to do your own academic work and cite sources as necessary. Failing to do so is scholastic dishonesty. Scholastic dishonesty means plagiarizing; cheating on assignments or examinations; engaging in unauthorized collaboration on academic work; taking, acquiring, or using test materials without faculty permission; submitting false or incomplete records of academic achievement; acting alone or in cooperation with another to falsify records or to obtain dishonestly grades, honors, awards, or professional endorsement; altering, forging, or misusing a University academic record; or fabricating or falsifying data, research procedures, or data analysis. (Student Conunduct Code: http://regents.umn.edu/sites/default/files/policies/Student_Conduct_Code.pdf) If it is determined that a student has cheated, he or she may be given an "F" or an "N" for the course, and may face additional sanctions from the University. For additional information, please see: http://policy.umn.edu/Policies/Education/Education/INSTRUCTORRESP.html.

The Office for Student Conduct and Academic Integrity has compiled a useful list of Frequently Asked Questions pertaining to scholastic dishonesty: http://www1.umn.edu/oscai/integrity/student/index.html. If you have additional questions, please clarify with your instructor for the course. Your instructor can respond to your specific questions regarding what would constitute scholastic dishonesty in the context of a particular class-e.g., whether collaboration on assignments is permitted, requirements and methods for citing sources, if electronic aids are permitted or prohibited during an exam.
**Makeup Work for Legitimate Absences:**
Students will not be penalized for absence during the semester due to unavoidable or legitimate circumstances. Such circumstances include verified illness, participation in intercollegiate athletic events, subpoenas, jury duty, military service, bereavement, and religious observances. Such circumstances do not include voting in local, state, or national elections. For complete information, please see: [http://policy.umn.edu/Policies/Education/Education/MAKEUPWORK.html](http://policy.umn.edu/Policies/Education/Education/MAKEUPWORK.html).

**Appropriate Student Use of Class Notes and Course Materials:**
Taking notes is a means of recording information but more importantly of personally absorbing and integrating the educational experience. However, broadly disseminating class notes beyond the classroom community or accepting compensation for taking and distributing classroom notes undermines instructor interests in their intellectual work product while not substantially furthering instructor and student interests in effective learning. Such actions violate shared norms and standards of the academic community. For additional information, please see: [http://policy.umn.edu/Policies/Education/Education/STUDENTRESP.html](http://policy.umn.edu/Policies/Education/Education/STUDENTRESP.html).

**Sexual Harassment:**
“Sexual harassment” means unwelcome sexual advances, requests for sexual favors, and/or other verbal or physical conduct of a sexual nature. Such conduct has the purpose or effect of unreasonably interfering with an individual's work or academic performance or creating an intimidating, hostile, or offensive working or academic environment in any University activity or program. Such behavior is not acceptable in the University setting. For additional information, please consult Board of Regents Policy: [http://regents.umn.edu/sites/default/files/policies/SexHarassment.pdf](http://regents.umn.edu/sites/default/files/policies/SexHarassment.pdf).

**Equity, Diversity, Equal Opportunity, and Affirmative Action:**
The University will provide equal access to and opportunity in its programs and facilities, without regard to race, color, creed, religion, national origin, gender, age, marital status, disability, public assistance status, veteran status, sexual orientation, gender identity, or gender expression. For more information, please consult Board of Regents Policy: [http://regents.umn.edu/sites/default/files/policies/Equity_Diversity_EO_AA.pdf](http://regents.umn.edu/sites/default/files/policies/Equity_Diversity_EO_AA.pdf).

**Disability Accommodations:**
The University of Minnesota is committed to providing equitable access to learning opportunities for all students. The Disability Resource Center Student Services is the campus office that collaborates with students who have disabilities to provide and/or arrange reasonable accommodations.

If you have, or think you may have, a disability (e.g., mental health, attentional, learning, chronic health, sensory, or physical), please contact DRC at 612-626-1333 or drc@umn.edu to arrange a confidential discussion regarding equitable access and reasonable accommodations.

If you are registered with DRC and have a current letter requesting reasonable accommodations, please contact your instructor as early in the semester as possible to discuss how the accommodations will be applied in the course. For more information, please see the DRC website, [https://diversity.umn.edu/disability/](https://diversity.umn.edu/disability/).

**Mental Health and Stress Management:**
As a student you may experience a range of issues that can cause barriers to learning, such as strained relationships, increased anxiety, alcohol/drug problems, feeling down, difficulty concentrating and/or lack of motivation. These mental health concerns or stressful events may lead to diminished academic performance and may reduce your ability to participate in daily activities. University of Minnesota services are available to assist you. You can learn more about the broad range of confidential mental health services available on campus via the Student Mental Health Website: [http://www.mentalhealth.umn.edu](http://www.mentalhealth.umn.edu).

**The Office of Student Affairs at the University of Minnesota:**
The Office for Student Affairs provides services, programs, and facilities that advance student success, inspire students to make life-long positive contributions to society, promote an inclusive environment, and enrich the University of Minnesota community.

Units within the Office for Student Affairs include, the Aurora Center for Advocacy & Education, Boynton Health Service, Central Career Initiatives (CCE, CDes, CFANS), Leadership Education and Development – Undergraduate Programs (LEAD-UP), the Office for Fraternity and Sorority Life, the Office for Student
Academic Freedom and Responsibility:

Academic freedom is a cornerstone of the University. Within the scope and content of the course as defined by the instructor, it includes the freedom to discuss relevant matters in the classroom. Along with this freedom comes responsibility. Students are encouraged to develop the capacity for critical judgment and to engage in a sustained and independent search for truth. Students are free to take reasoned exception to the views offered in any course of study and to reserve judgment about matters of opinion, but they are responsible for learning the content of any course of study for which they are enrolled.*

Reports of concerns about academic freedom are taken seriously, and there are individuals and offices available for help. Contact the instructor, the Department Chair, your adviser, the associate dean of the college (Dr. Kristin Anderson, SPH Dean of Student Affairs), or the Vice Provost for Faculty and Academic Affairs in the Office of the Provost.

"Language adapted from the American Association of University Professors "Joint Statement on Rights and Freedoms of Students".

Student Academic Success Services (SASS): [http://www.sass.umn.edu](http://www.sass.umn.edu):

Students who wish to improve their academic performance may find assistance from Student Academic Support Services. While tutoring and advising are not offered, SASS provides resources such as individual consultations, workshops, and self-help materials.

*Template update 9/2014