We're studying different ways to provide grocery assistance to families.

What makes a family eligible?

Your family may be eligible if:

- You have a child in your household between the ages of 3-11 years.
- Your are NOT currently receiving SNAP benefits.
- You are able to speak and understand English or Spanish. *(Spanish-only speaking families can enroll in the study after June 2018).*
- You meet income and expense guidelines.

How is a family defined?

- For the purposes of this study, a family, or household, is defined as the people who live with you and who regularly buy, fix, or eat food with you.

PLACE STAMP HERE

GAPS for Families

1300 S. 2nd Street, Suite 300
Minneapolis, MN 55454

Does your family need more money for groceries?

If yes, and you are not currently participating in SNAP, you may be eligible to take part in a U of MN study called the Grocery Assistance Program Study for Families, or GAPS for Families!

We are recruiting participants through September 2019.

Filling the GAPS For Families

Filling the GAPS For Families

Study Overview

What would I receive?

If you are eligible and choose to take part in the study,

- Your family would receive money for groceries for 5 months.
- You would also receive up to $385 in Target gift cards for completing study activities.

What would I be asked to do?

If you are determined to be eligible, you would be asked to:

- Collect all of your household's grocery & restaurant receipts for 22 weeks and mail them to the study each week (the study gives you stamped envelopes).
- Attend 2 study visits with your child (about 30 minutes in length).
  If you have more than one child between 3-11 years old, just one of them would be randomly chosen to take part.
- You and your child would each complete 6 phone calls where you would be asked about what you ate the day before.

What are the income guidelines?

Your monthly income must fall below the income amounts listed. Exceptions may be made if someone in your home has a documented disability.

Household Size	Monthly Income before Taxes
2	$2,233
3	$2,808
4	$3,383
5	$3,958
6	$4,532

How can I sign up?

Call or email Sarah or Tessa. Our contact information is below.

- We will ask you some questions to determine if you meet basic eligibility criteria.
- If you do, we'll invite you to complete the study application where we'll ask you more detailed questions about your household's income and expenses. (see right)
- If you meet the income and expense guidelines, you will be invited to take part in the study.

University of Minnesota
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Driven to Discover℠

Income & Expenses

As part of the application, we need to ask you about, and verify (by seeing copies/photos of documentation), your household's current income and expenses.

Income Types examples

- ☐ Jobs
- ☐ Self-employment
- ☐ In-home daycare
- ☐ Taxi/lyft/uber driver
- ☐ RSDI or SSI
- ☐ Veteran's benefits
- ☐ Retirement benefits
- ☐ Child support

Expense Types examples

- ☐ Housing costs
- ☐ Property taxes
- ☐ Court-ordered costs
- ☐ Utility Bills
- ☐ Medical bills (if disabled or aged 60+)

Documentation examples

- ☐ Income: Paystubs, tax records, award letters, sales receipts, etc.
- ☐ Expenses: Bills, statements, receipts, court-orders, etc.

Contact Us

GAPS for Families Study
1300 S. 2nd St, Suite 300
Minneapolis, MN 55454

(612) 655-2133
gapstudy@umn.edu

Visit us on the web:
www.sph.umn.edu/epi/gapstudy