Public Health Nutrition Standard Program MPH

The Public Health Nutrition (PHN) MPH program is designed for students who are committed to health promotion and disease prevention through healthy eating. The curriculum strongly emphasizes food access, nutrition policy, community nutrition interventions, programs, health disparities, nutrition assessment, and healthy eating throughout the life course. The program requires a minimum of 42 credits.

**PUBLIC HEALTH CORE REQUIREMENTS**

16 - 17 CREDITS

*The basic curriculum courses are offered online and on-campus:*

- PubH 6101 Environmental Health (2 cr) *or*
- PubH 6102 Issues in Environmental and Occupational Health (2 cr)
- PubH 6901 Foundations of Public Health Nutrition Leadership (2 cr)
- PubH 6320 Fundamentals of Epidemiology (3 cr) *or*
- PubH 6341 Epidemiologic Methods I (3 cr)
- PubH 6414 Biostatistical Literacy** (3 cr) *or*
- PubH 6450 Biostatistics I (4 cr)
- PubH 6741 Ethics in Public Health: Professional Practice and Policy (1 cr)
- PubH 6751 Principles of Management in Health Services Organizations (2 cr)
- PubH 6914 Community Nutrition Intervention (3 cr)

**Students who take PubH 6414 Biostatistical Literacy, must take one of the following courses:**

- PubH 6325 Data Processing with PC-SAS (1 cr)
- PubH 6420 Introduction to SAS Programming (1 cr)
- PubH 6617 Practical Methods for Secondary Data Analysis (3 cr)
- PubH 6107 Excel and Access in Public Health Settings (1 cr)

**PUBLIC HEALTH NUTRITION CORE REQUIREMENTS**

- PubH 6915 Nutrition Assessment (2 cr)
- PubH 6933 Nutrition and Chronic Diseases (2 cr)

Requirements for students who have not taken comparable courses prior to admission:

- PubH 6355 Pathophysiology of Human Disease (4 cr)
- FSCN 4621W Nutrition and Metabolism (4 cr)

For students without a nutrition or dietetics undergraduate degree:

- PubH 6907 Maternal, Infant, Child and Adolescent Nutrition (3 cr)
- PubH 6904 Nutrition and Aging (2 cr)

For students with a nutrition or dietetics undergraduate degree, select two courses from the list below:

- PubH 6907 Maternal, Infant, Child and Adolescent Nutrition (3 cr)
- PubH 6904 Nutrition and Aging (2 cr)
- PubH 6906 Global Nutrition (2 cr)

**RESEARCH METHODS**

Select four credits from the list below:

- PubH 6034 Evaluation (3 cr)
- PubH 6035 Applied Research Methods (3 cr)
- PubH 6342 Epidemiologic Methods II (3 cr)
- PubH 6451 Biostatistics II (4 cr)
- PubH 6636 Qualitative Research Methods in Public Health Practice (3 cr)
- PubH 6803 Conducting a Systematic Literature Review (2 cr)
- PubH 6806 Principles of Public Health Research (2 cr)
- PubH 6852 Program Evaluation in Health and Mental Health (2 cr)
- PubH 6389 Nutritional Epidemiology (2 cr)
- Nurs 8171 Qualitative Research Design and Methods (3-4 cr)

**APPLIED PRACTICE EXPERIENCE**

PubH 7996 (1-2 credits)

**INTEGRATED LEARNING EXPERIENCE**

PubH 7994 (1-2 cr)

**ELECTIVE COURSES**

Choose electives in consultation with your academic advisor to meet requirements.

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**PROGRAM COORDINATOR**

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**SCHOOL OF PUBLIC HEALTH**

University of Minnesota