

Federal Resume Example

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National Agency Check with Inquires (NACI) attained 05/2012

RESEARCH EXPERIENCE

Nutrition Coordinator Center (NCC), University of Minnesota, Minneapolis, Minnesota

Junior Scientist

06/2015 – Present

Supervisor: Name (Email; Phone)

Hours Per Week: 10 hours

Hourly Wage: \$15.16

- The Nutrition Coordinating Center (NCC) is a part of the School of Public Health Division of Epidemiology and provides valuable nutrition research services to investigators from within the University of Minnesota as well as external organizations in the United States and worldwide.
- The NCC creates and maintains the Nutrition Data System for Research (NDSR), which is a software program that contains an extensive database of over 18,000 foods that allows for simultaneous dietary intake data collection and data entry.
- Conduct data collection and entry of 24 hour dietary recalls from study participants via phone and/or in-person using NDSR software.
- Utilize the multiple-pass interviewing approach, which requires much patience on the part of the interviewer and allows several opportunities for the participant or respondent to recall what they consumed the previous day.
- Follow Service Center guidelines for when to probe for certain additions to food and inquire about long time gaps between reported meals/snacks.
- Attend meetings and communicate as needs with NCC Research Service Lead.
- Assist with other administrative tasks to support the daily function of the NCC Service Center.
- Skills Attained: Nutrition Data System for Research (NDSR) Certified, research skills, FileMaker, communication skills, interpersonal skills, and data management skills.

Minnesota Department of Education (MDE), Roseville, Minnesota

Research Consultant and Principle Investigator – USDA 2013 Nutrition Training Grant

09/2014 – 06/2015

Study: Smarter Lunchroom Movement

Supervisor: Name (Email; Phone)

Hours Per Week: 10 hours

Hourly Wage: \$25.00

- Assessed current cafeteria behavioral economic efforts and fruit and vegetable consumption at Columbia Academy Middle School located in Columbia Heights, Minnesota.
- Designed research methodology and interventions based off of behavioral economics and the Smarter Lunchroom Movement to increase fruit and vegetable consumption and reimbursable meal rates.
- Implemented research methodology and Smarter Lunchroom Movement interventions that included daily fruit and vegetables menus and fruit and vegetable labels on tray line.

- Collected data utilizing production records.
- Conducted in-person interview with Food Service Director and Kitchen Manager.
- Analyzed and interrupted data utilizing an unpaired t-test method via Excel.
- Skills Attained: Microsoft Office skills, research skills, quantitative research skills, qualitative research skills, behavioral economics research skills, statistical analysis skills, collaboration with State agency skills, and qualitative analysis skills.

Minneapolis Staple Food Ordinance Study (STORE), University of Minnesota, Minneapolis, Minnesota

Graduate Research Assistant

09/2014 – 12/2014

Supervisor: Name (Email; Phone)

Hours Per Week: 5 hours

Hourly Wage: \$17.86

- The goal of this study is to assess changes in availability and purchasing of healthy food (fruits and vegetables, whole grains, low-fat dairy) after implementation of the Minneapolis Staple Food Ordinance, which increase the requirements for stores to sell healthy items.
- Recruited customers from local corner stores, dollar stores, and gas station stores to participate in the customer intercept survey.
- Conducted customer intercept surveys designed to assess the food and beverage purchasing habits of customer in selected small store in Minneapolis and St. Paul, Minnesota. The purpose of this survey is to gather information on the types and cost of foods and beverages purchased at small foods, including corner stores, dollar stores, and gas station stores.
- Conducted food store assessments to rate the nutrition environment that includes food inventory, shelf space, and overall environment of the selected corner stores in Minneapolis and St. Paul, Minnesota. The purpose of this assessment is to gather information on ordinance-authorized products, as well as item, which will allow us to calculate Health Food Supply Score for each store.
- Conducted store owner/manager interviews to attain knowledge on their experiences in stocking and selling healthy food in the selected corner stores in Minneapolis and St. Paul, Minnesota.
- Attended weekly research protocol meetings.
- Skills Attained: research skills, data collection skills, quantitative research skills, qualitative research skills, collaboration with stakeholder skills, interpersonal skills and recruitment skills.

Maternal and Child Health Bureau, University of Minnesota, Minneapolis, Minnesota

Research and Teaching Assistant (Nutrition Trainee)

08/2014 – Present

Supervisor: Name (Email, Phone)

Hours Per Week: 10 hours

Hourly Wage: \$17.86 - \$18.13

- The Maternal and Child Health Bureau (MCHB) trainee grant is awarded to establish and enhance the center of excellence to improve MCH by promoting the healthy nutrition of mother, child, and family.
- Trained in both pediatric and maternal nutrition leadership, epidemiology, core public health principles, environmental approaches to population intervention and the development and evaluation of nutrition related, cost-effective interventions for pediatric and maternal populations by participating in research and teaching assistantships at the University of Minnesota.
- Research Assistant on the Minneapolis Staple Food Ordinance Study (STORE)
- Teaching Assistant for Foundation of Public Health Nutrition Course at the University of Minnesota, School of Public Health. The Foundation of Public Health Nutrition is designed for first year students in public health nutrition MPH programs and is an overview of the skills needed to be successful in the field of public health nutrition.
- Skills Attained: leadership skills, teaching skills, research skills, data collection skills, quantitative research skills, qualitative research skills, collaboration with stakeholder skills, interpersonal skills and evaluation skills and program development skills, communication skills and time-management skills.

Centers for Disease Control and Prevention (CDC), Office of Women's Health, Atlanta, Georgia

Intern

06/2013 – 08/2013

Supervisor: Name (Email, Phone)

Hours Per Week: 40 hours

Hourly Wage: \$10.00

- Worked in the Office of Women's Health that was established in 1994 to promote and improve the health, safety, and quality of life of women. The Office of Women's Health serves as the CDC/government agency conduit for information dissemination to the community.
- Collaborated with internal and external partners to develop and support health related activities for women and girls.
- Translated science based big data and information for the Leading Causes of Death, Males and Females, 2010, into a user-friendly format for the non-scientific audience on www.cdc.gov/women and www.cdc.gov/men. The project outcomes included a total of 14 newly designed charts (7men and 7 women) organized by sex, race/ethnic and age for dissemination to the community.
- Developed, designed, and implemented a Social Media Communication Strategy in order to improve the overall health for women and girls in every stage of life.
- Developed, designed and implemented a user friendly Metrics Database to maintain key metrics from the Women's, Men's and Family Health Website using Microsoft Excel™. Utilized Omniture Site Catalysts for the collection of Correlation Reports. The project outcomes included a continuous Metric Database application and a Metrics Dashboard for the Office of Women's Health communication products.
- Developed, designed and implemented a visually friendly Metrics Dashboard in order to display all the communication efforts in the Office of Women's Health. Project outcomes included a display of Women's, Men's and Family's Health Website Metrics on the Metric Dashboard and soon to include Facebook, Twitter, Pinterest, and eNewsletter Metrics.
- Skills Attained: leadership, communication, program development, collaboration with stakeholders, big data management, social media communication, social media evaluation and monitoring, and Omniture Site Catalysts.

Louis Stokes Alliance for Minority Participation Fellowship Undergraduate Research Fellowship, University of Maryland Eastern Shore, Princess Anne, Maryland

Undergraduate Research Fellow

02/2013 – 05/2014

Supervisor: Name (Email, Phone)

Hours Per Week: 20 hours

Hourly Wage: \$10.00

- The purpose of this study was gain an understanding about the caloric and type of beverage intake by students attending the University of Maryland Eastern Shore (UMES), a Historically Black College or University (HBCU).
- Designed, implemented and evaluated a quantitative research project on beverage consumption to understand the types of beverages, the quantity of beverages, and the caloric intake associated with the consumption of the beverages consumed.
- Designed a Metric Database to hold key metrics attained from the research project.
- Results indicated that average caloric intake from beverages from students at the University of Maryland Eastern Shore was 755 calories per day, which is over one-fourth of the individuals daily needs.
- Skills Attained: research skills, quantitative research skills, project development skills, project implementation skills, project evaluation skills and quantitative analysis skills.

Centers for Disease Control and Prevention (CDC), Office of Women's Health, Atlanta, Georgia

Intern

06/2012 – 07/2012

Supervisor: Name (Email, Phone)

Hours Per Week: 40 hours

Hourly Wage: \$10.00

- Worked in the Office of Women's Health that was established in 1994 to promote and improve the health, safety, and quality of life of women. The Office of Women's Health serves as the pipeline from CDC/government agencies to the community for the dissemination of information.
- Collaborated with internal and external partners to develop and support health related activities for women and girls.
- Developed, designed implemented and evaluated a National Men's Health Week that consisted a mini health fair, jog/run event, and seminars.

- Developed, designed implemented and evaluated a women's health fair that included local vendors, exercise and fitness demos and seminars.
- Translated science based big data and information for the Leading Causes of Death, Males and Females, 2010, into a user-friendly format for the non-scientific audience on www.cdc.gov/women and www.cdc.gov/men. The project outcomes included a total of 14 newly designed charts (7men and 7 women) organized by sex, race/ethnic and age for dissemination to the community.
- Developed and designed a user friendly way to present big data from the *Health, United States, 2011 with Special Feature on Socioeconomic Status and Health* trend data to both the scientific and non-scientific audience. The project outcomes included the translated 370 pages of big data to 38 tables that were acceptable for dissemination to both scientific and non-scientific audiences.
- Researched, developed and designed health and safety information that would be appropriate for college age females. The project outcomes included the development a Pocket Guide which included 'Campus Safety Tips', ways to reduce risk for injury and violence and day and night safety tips and 'Healthy Living Tips', how to manage stress, and where and when to go for health services.
- Managed the transition to a new website template for the women's and family health websites, which included the task of collecting updated images that portrayed women and families from all walks of life engaging in healthy and safe activities.
- Skills Attained: leadership, communication, program development, collaboration with stakeholder's, big data management, data transcription, project design and website design.

NUTRITION & DIETETICS EXPERIENCE

Phillips Neighborhood Clinic, Minneapolis, Minnesota

Move N' Eat Coordinator

10/2015 – Present

Supervisor: Name (Email, Phone)

Hours Per Week: 10 hours

- Implement and coordinate Move N' Eat, *Motivational Opportunities for Vitalizing and Energizing with Nutrition, Exercise and Activity Tips*, community outreach program aimed at obesity prevention.
- Develop a marketing campaign for participant recruitment through a multiple approach method.
- Develop and design educational materials pertaining to healthy eating and eating habits.
- Oversee the educational content and cooking and exercise classes.
- Evaluate the overall success of the program thought surveys and in-person interviews from participants of the classes.
- Collaborate with the Finance Chair on continued funding opportunities and grant writing opportunities.
- Skills Attained: program development, program implementation, program evaluation, grant writing, leadership, communication, collaboration with stakeholder, community outreach, marketing and design.

Hennepin County Medical Center (HCMC), Nutrition Services, Minneapolis, Minnesota

Dietetic Intern

06/2015 – 08/2015

Supervisor: Name (Email, Phone)

Hours Per Week: 40 hours

- Hennepin County Medical Center is located downtown Minneapolis, in Hennepin County; it is a 472 bed, level 1 adults and pediatric trauma center.
- Assessed patients nutritional needs in the following units/clinic; medicine clinic, Huntington disease clinic, bariatric clinic, oncology clinic, positive care (HIV) clinic, diabetes clinic, amyotrophic lateral sclerosis (ALS) clinic, transplant clinic, medical intensive care unit, surgical intensive care unit, surgery trauma neurology unit, new born intensive care unit, burn unit, medicine unit (orthopedics, CARE, psyche, general medicine, and rehabilitation).
- Developed and implemented nutrition care plans and goals for patients based on individual needs.
- Assessed appropriateness of nutrition and medication regimen, including diet order, enteral and/or parenteral nutrition support regimes and make corresponding recommendation to the health care provider.
- Documented nutritional care, patient/client responses to care, and changes in care plan per department and organization standards of care in the electronic medical record, EPIC.
- Wrote orders for medical nutrition therapy.
- Provided nutrition education and counseling to patients and families.
- Made appropriate referrals to health care providers and community programs.

- Assisted in placing feeding tubes utilizing the Corpak system.
- Attained verbal orders from physicians to modify the patient's medical nutrition therapy plan, documenting the verbal order in the medical records according to hospital policy when appropriate.
- Developed, designed, managed and implemented the redesigned on educational materials in the Pediatric Unit galley.
- Utilized in-person and video interpreters in the following languages to provide nutrition education to patients: Spanish, French, and Somali.
- Skills attained: communication, leadership, interpersonal, cultural competency, time management, interdisciplinary, nutrition assessment, nutrition intervention, medical nutritional therapy, project development, project management, project implementations, and electronic medical record documentation.

Park Nicollet Institute, Patient Education, St. Louis Park, Minnesota

Patient Educator

01/2015 – 05/2015

Supervisor: Name (Email, Phone)

Total Hours: 60 hours

- Performed 24-hour dietary recalls assessing current dietary habits of patients and clients in the outpatient setting.
- Utilized the electronic medical record, Epic, to complete nutrition assessment and education notes on patients seen during the clinic flow.
- Designed, implemented, and evaluated a healthily living PowerPoint presentation to pediatric obesity patients and their families.
- Skills attained: communication, interpersonal, cultural competency, time management, interdisciplinary, medical nutritional therapy, project development, project management, project implementations, and electronic medical record documentation.

Eastern Carver County Schools – District 112, Nutrition Services, Chaska, Minnesota

Dietetic Intern

09/2014 – 12/2014

Supervisor: Name (Email, Phone)

Total Hours: 62 hours

- Provided managerial and human resources assistance while assisting and participating in employee interviews for open nutrition services positions in the district.
- Conducted studies and projects for products, programs and/or services using appropriate research methods, ethical procedures and data analysis with consideration of costs and benefits.
- Developed and deliver products, program and/or services that promote consumer health, wellness and lifestyle management by completing a sanitation report of Chaska High School food service area.
- Wrote the Minnesota Farm to School Grant.
- Developed and disseminated a memo for the Principles of the Elementary and Middle Schools in District 112 regarding appropriate Smart Snacks that are available.
- Developed and designed graphic, flyer and other communication tools for new menu items and breakfast foods.
- Skills attained: communication, interpersonal, time management, managerial, human resources, assessment, grant writing, design and project development.

Phillips Neighborhood Clinic, Minneapolis, Minnesota

Nutrition Clinician

10/2014 – Present

Supervisor: Name (Email, Phone)

Total Hours: 100

- Provide nutrition assessment, diagnosis, and intervention/education, monitoring, and evaluation.
- Perform 24-hour dietary recalls to assess current dietary habits of clients.
- Work with a patient's interdisciplinary team to determine the best route of health care delivery.
- Counsel and educate patients using motivational interviewing techniques to determine issues and potential causes and tangible solutions
- Utilized the electronic medical record, Epic, to complete nutrition assessment and education notes on patients seen during the clinic flow.

- Skills attained: interdisciplinary, communication, leadership, interpersonal, cultural competency, time management, nutrition assessment, nutrition diagnosis, nutrition intervention, medical nutritional therapy, project development, project management, project implementations, and electronic medical record documentation.

Wicomico Nursing Home, Nutrition Services, Salisbury, Maryland

Dietetic Intern

02/2014 – 05/2014

Supervisor: Name (Email, Phone)

Total Hours: 40 hours

- Performed 24-hour dietary recalls.
- Participated in morning rounds and interdisciplinary care meetings regarding resident's progress and treatments while at the nursing home.
- Counseled residents utilizing motivational interviewing to determine issue and find potential solutions.
- Calculated recommended caloric, protein, and fluid requirements and tube feedings or individual residents.
- Conducted monthly, bi-annual, and annual charting for medical records and insurance billing.
- Skills attained: communication, interpersonal, time management, interdisciplinary, nutrition assessment, nutrition intervention, medical nutritional therapy, and paper medical record documentation.

Hartley Hall Nursing Home, Pocomoke, Maryland

Dietetic Intern

08/2012 – 12/2012

Supervisor: Name (Email, Phone)

Total Hours: 60 hours

- Created pureed, mechanically altered, renal, diabetic and regular therapeutic diet menus.
- Initiated the development of Hazard Analysis & Critical Control Points (HACCP) Plans for new recipes and menus.
- Developed employee job description and interview questions.
- Created staffing patterns and schedules.
- Developed and conducted in-service educational seminar for employees on waste management.
- Trained employees on waste management techniques and how to conduct a food waste audit.
- Skills attained: communication, interpersonal, time management, interdisciplinary, medical nutritional therapy, food service, food safety, program development, managerial, food waste management, in-service education and public speaking.

LEADERSHIP EXPERIENCE

Academy of Nutrition and Dietetics, Chicago, Illinois

Student Advisory Committee (SAC) – Student Representative

06/2015 – Present

Supervisor: Name (Email, Phone)

Hours Per Month: 5 hours

- The Student Advisory Committee strengths the Academy through increased student membership and diversity, educates and fosters communication among Academy active members and leaders and Academy student members and non-members, enhances leadership opportunity for student members, and supports the Academy's strategic initiatives that promote optimal nutrition, health and well-being of the public.
- Act as a liaison between perceptive students from different types of dietetics education programs and/or divers geographic areas to the SAC and the Academy.
- Represent regain four: Indiana, Ohio and Pennsylvania as their Student Representative to Student Advisory Committee and the Academy.
- Communicate Student member concerns and interest to the Student Representative to Student Advisory Committee and the Academy staff liaisons.
- Write an article for the Student Scoop pertaining to the renewal of annual memberships.
- Promote the use of the online Student Community and EatRight Student Facebook page.
- Provide ideas, concepts and feedback to help develop the annual student and future career development track at the Food and Nutrition Conference and Expo.
- Skills attained: communication, leadership, interpersonal, time management, collaboration, writing and teamwork.

Thurgood Marshall College Fund, University of Maryland Eastern Shore, Princess Anne, Maryland

Student Ambassador

08/2013 – 05/2014

Supervisor: Name (Email, Phone)

Hours Per Week: 5-10 hours

Bi-Annual Stipend: \$750.00

- Implemented career readiness and professional development programs for student leaders at the University of Maryland Eastern Shore.
- Recruited the top student's leaders at the University of Maryland Eastern Shore for Thurgood Marshall College Fund's programs, scholarships and internships by hosting campus-wide events to raise awareness about TMCF program and opportunities.
- Promoted Thurgood Marshall College Funds program, scholarships, and internships via Social Media and print materials to students at the University of Maryland Eastern Shore and other Historically Black College and Universities throughout the nation.
- Worked remotely with other Student Ambassadors and Thurgood Marshall College Fund's employees to bring to fruition the mission of the organization and provide insight to better understand that campus culture and climate.
- Skills Attained: leadership, communication, program development and recruitment.

Assisted Learning Lab, University of Maryland Eastern Shore, Princess Anne, Maryland

Undergraduate Learning Assistant

01/2012 – 05/2013

Supervisor: Name (Email, Phone)

Hours Per Week: 8 hours

Hourly Wage: \$8.00

- The Assisted Learning Lab provides students in the redesigned Math 101 and Math 109 classes with the opportunity to work with Undergraduate Learning Assistants two times per week to review weekly topics and attained tutoring for upcoming quizzes and tests.
- Administrated and oversaw students while completing quizzes and tests.
- Oversaw and assisted students on appropriate methods for analyzing and solving mathematical problems.
- Provided exceptional support while working in groups to enhance the learning environment.
- Managed and supervised the educational efforts of thirty to fifty (30-50) students enrolled in college level mathematics at the University of Maryland Eastern Shore.
- Skills Attained: leadership, communication, tutoring, interpersonal and administration.

Student Health 101, University of Maryland Eastern Shore, Princess Anne, Maryland

Campus Correspondent

08/2011 – 12/2011

Supervisor: Name (Email, Phone)

Hours Per Month: 5 hours

- Student Health 101 is an online student health and wellness program that provides relevant, fun, and interactive content to student at the University of Maryland Eastern Shore in the form of an online magazine.
- Selected health and wellness topics for monthly student interviews.
- Develop and record videos of 6-12 students on predetermined topics.
- Submitted documents and interviews electronically in a timely manner.
- Skills attained: communication, program development, managerial, video editing, time management and recruitment.

ADDITIONAL EXPERIENCE

The Mackey Family, Leesburg, Virginia

Live-in Nanny

05/2014 – 08/2014

Hours Per Week: 40 hours

Weekly Wage: \$250.00

- Oversaw the care and daily activities of three (3) children: 6 year old, 9 year old, and 13 year old.
- Planned and prepared healthy meals for the whole family.

- Supervised before school activities which included making sure the children were properly dressed, serving breakfast, packing school lunches, and transporting the children to the bus stop or school on time.
- Assisted the children in completing their homework and monitored other learning activities during the summer.
- Transported the children to afterschool and various activities.
- Supervised the bedtime procedures which included taking baths or showers and getting to bed in a timely manner.
- Provided light housecleaning and laundry.
- Skills Attained: leadership, supervisory, communication and time-management.

Chick-fil-a, La Plata, Maryland

Team Member

05/2011 – 08/2011, 01/2012

Hours Per Week: 20-30 hours

Hourly Wage: \$8.50

- Operated a cash register point of sale (POS) effectively and efficiently while in an approximant \$10,000 profit hour.
- Ensured quality customer service for all guests dining-in or through the drive through.
- Interacted with customers on the front line, drive through window, drive through ordering, and bagging customer's food for in house dining, drive through and carry out.
- Prepared quality food for customer's 6/days 40/hours a week maximum.
- Skills Attained: leadership skills, communication skills, customer service skills, teamwork skills, money management skills, interpersonal skills and time management skills.

Centerplate, Blue Crabs Baseball Stadium, Waldorf, Maryland

Cashier, Food and Beverage Distributor

05/2010 – 08/2010

Hours Per Week: 10-15 hours

Hourly Wage: \$7.50

- Prepared and serve food and beverages for approximately 2,000+ customers attending the baseball games or during special events being held at the stadium.
- Operated a cash register point of sale (POS) system.
- Ensured quality customer services for all guests while enjoying the baseball games or other events.
- Skills Attained: communication, customer service, teamwork, money management, interpersonal and time management.

Home Detailing, LLC, New Construction Lennar Homes, Charles County, Maryland

New Construction Home Stager and Cleaner

06/2007 – 08/2007

Hours Per Week: 25 hours

Hourly Wage: \$8.00

- Worked independently to clean new construction homes prior to open houses or prior to closing.
- Swept and vacuumed floors and carpets throughout the home.
- Moped hardwood, laminate, ceramic, vinyl and linoleum m flooring throughout the home.
- Cleaned smudges from mirrors, glass and wood surface throughout the home.
- Disinfected all bathrooms in the home.
- Staged homes prior to being listed on the market and for open houses.
- Skills Attained: customer service, time management and interpersonal.

VOLUNTEER EXPERIENCE

Hosmer Library, Minneapolis, Minnesota

Volunteer Tutor

10/2014 – Present

Hours Per Semester: 3-4 hours

- Provide English as a second language (ESL) and general education diploma (GED) tutoring for adults in the community.
- Supervise mathematic, English, science, and social study tutoring for children 7-15 children in kindergarten through high school.

Twin Cities Mobile Market, St. Paul, Minnesota*Volunteer*

03/2014

Total Hours: 2 hours

- Administrated a public health survey to distinguish how dietary habits, food access and food insecurity has changes within certain population since the introduction of the Twin Cities Mobile Market.

Thurgood Marshal College Fund/Centers for Disease Control and Prevention (TMCFCDC), University of Maryland Eastern Shore, Princess Anne, Maryland*Public Health Student Ambassador*

09/2012 – 05/2014

Total Hours: 30 hours

- Provided public health career information to current and prospective undergraduate, graduate, and PhD students interested in public health, and educate my community on making healthy lifestyle choices.
- Strengthened connection between students attending the University of Maryland Eastern Shore, Thurgood Marshall College Fund, and the Centers for Disease Control and Prevention.

Thurgood Marshal College Fund (TMCFC), Walmart First Generation Program, University of Maryland Eastern Shore, Princess Anne, Maryland*Mentor*

10/2012 – 05/2013

Total Hours: 30 hours

- Mentored the Walmart first generation freshmen enrolled at the University of Maryland Eastern Shore to help them transition into becoming a sophomore and maintaining a minimum 3.0 GPA to qualify to future opportunities with Thurgood Marshal College Fund.
- Initiated monthly check-in meetings with the scholar to discuss college challenge and educational, leadership and internship recourses.
- Assembled monthly reports to assess the progress of the goals distinguished by the scholar and mentor at the previous meetings.

Office of Admission and Recruitment, University of Maryland Eastern Shore, Princess Anne, Maryland*Tour Guide*

08/2011 – 05/2014

Total Hours: 30 hours

- Conducted individual and group tours of the University of Maryland Eastern Shore to visitors and distinguished guests of the universities.
- Provided the general history and educational programs offered at the university to potential freshman and their families.
- Engaged with potential students and families on the campus and via phone to provided answer to potential questions, relay information regarding the University of Maryland Eastern Shore (UMES), and advocating UMES as a university of choice.

EDUCATION**University of Minnesota-Twin Cities, School of Public Health, Minneapolis, Minnesota***Master of Public Health (MPH/RD) Candidate – Public Health Nutrition & Dietetics*

Expected 05/2016

- Cumulative GPA: 3.86/4.0
- RD Exam: scheduled for October 2016

University of Maryland Eastern Shore (UMES), Princess Anne, Maryland*Bachelor of Science (BS) – Human Ecology (Concentration: Dietetics)*

05/2014

- Magna Cum Laude
- Cumulative GPA: 3.65/4.0

Maurice J. McDonough High School, Pomfret, Maryland*High School Honors Diploma*

06/2010

EXTRACURRICULAR ACTIVITES**University of Maryland Eastern Shore, Princess Anne, Maryland***Campus Activities Board: Assistant Community Service Coordinator*

2013 – 2014

- Provided quality entertainment through diverse programs/activities and leadership events throughout the school year.
- Assisted the Office of Campus Life with advertising, implementing, coordinating, and facilitating a variety of campus wide activities.
- Assisted in the comprehensive programs of cultural, educational, social, and recreational activities for the student body.
- Developed and employed strategies designed to increase retention and interaction among the many diverse groups within the university community.

Resident Hall Association: Executive Board Member (National Communications Coordinator) 2013 – 2014

- Served as a liaison between the residential students and the Office of Resident Life.
- Provided a chief legislative body, government and informal forum to foster communication between student, staff, faculty and administration for the University of Maryland Eastern Shores ten (10) residential halls, in order to improve the quality of life in the resident halls.
- Improved the sense of community and school spirit by promoting social, education and recreational learning opportunities.
- Supervised the affiliation with the National Association of College and University Resident Halls (NACURH), the largest student-run organization in the nation.

Concert Choir: Soprano I and II Vocalist 2010 – 2011

- Trained as a soprano I and II classical and contemporary vocalist and performed concerts at the school, community, and surrounding states.

Human Ecology Club: Executive Board Member (Secretary) 2010 – 2011

- Coordinated tasks for executive board and general board meetings.
- Managed weekly and monthly communication efforts between students and the executive board for upcoming events and meetings.
- Disseminated meeting minutes in a trimly and cohesive format.
- Created, designed and disseminated graphics for marketing purposes.

Resident Hall Association: University Terrace Secretary 2010 – 2011

- Served as a liaison between the University Terrace resident hall students to the Resident Hall Association Executive Board and the Office of Resident Life.
- Coordinated tasks for executive board and general board meetings.
- Disseminated meeting minutes in a trimly and cohesive format.

Richard A. Henson Honors Program: Member/Advisory Board Member 2010 – 2014

- Four (4) year tuition scholarship recipient
- Represented the Richard A. Henson Honors Program students when discussing key issues, upcoming events and program incentives to the faculty and staff.

MEMBERSHIPS AND ASSOCIATIONS

Association of State Public Health Nutritionists, <i>Member</i>	2015 – Present
Maternal and Child Health Nutrition Council, <i>Member</i>	2015 – Present
Academy of Nutrition and Dietetics, <i>Student Member</i>	2014 – Present
Kappa Omicron Nu: Kappa Delta Upsilon Chapter Honors Society, <i>Member</i>	2012 – Present
Kappa Omicron Nu: Kappa Delta Upsilon Chapter Honors Society, <i>President</i>	2013 – 2014
Who's Who Among Students in American Universities & Colleges, <i>Elected Member</i>	2012

CONFERENCES AND CEREMONIES

Food and Nutrition Conference and Expo (FNCE), Nashville, Tennessee	10/2015
2015 National Maternal Nutrition Intensive Course, University of Minnesota, Minneapolis, Minnesota	08/2015
Minnesota Academy of Nutrition and Dietetic (MAND) Day at the Capital, St. Paul, Minnesota	03/2015
2015 Joint Maternal Child Health Bureau Training Grantee Meeting, Washington D.C.	01/2015
Food Access Summit, Duluth, Minnesota	10/2014
2014 National Maternal Nutrition Intensive Course, University of Minnesota, Minneapolis, Minnesota	10/2014

15 th Annual Member-Universities Professional Institute (MUPI), Atlanta, Georgia	04/2014
TMCF Leadership Institute and Recruitment Fair, Washington D.C.	11/2013
TMCF Leadership Institute and Recruitment Fair, New York City, New York	10/2012
Kappa Omicron Nu Leadership Institute and Undergraduate Research Conference, Michigan State University, East Lansing, Michigan	08/2012
2 nd Annual Young Women of Color Conference, College of Southern Maryland, La Plata, Maryland	10/2009

PUBLICATIONS

1. Cecil, M., **Gopher, G.**, (2014). Exploration of Beverage Selection of Students Attending a Historically Black College or University (HBCU). Journal of the Undergraduate Research Council for the Human Sciences, 13.

GRANTS

Minnesota Department of Agriculture (MDA)

Submitted 11/2014

Minnesota Farm to School Grant Program 2015, Independent School District 112 – Nutrition Service

- MDA Grant Fund Request: \$50,000 – Fully Funded 01/2015
- Blue Cross/Blue Shield Cash Match Request: \$25,000 – Partially Funded 01/2015