

T  
R  
I  
B  
A  
L  
  
H  
E  
A  
L  
T  
H



R  
U  
R  
A  
L  
  
I  
N  
D  
I  
A

Familiarize with  
health and  
healthcare in tribal  
population

---

Comprehend tribal  
acculturation

---

Envision Tribal  
Livelihood

---

Tribal Developmental  
Programs

---

Explore the health  
system in Rural India

**Student Exchange Programme**

## **NITTE PUBLIC HEALTH WINTER SCHOOL 2020**

---

# **Tribal Health and Rural India**

**- Bridging the gap in development**

**January 6-17, 2020**

**Organized by**



**Deralakatte, Mangaluru, 575018**

**Division of Public Health**  
K S Hegde Medical Academy

**NITTE**  
(Deemed to be University)

In association with



**UNIVERSITY OF MINNESOTA**

## **BACKGROUND**

In today's globalized and interconnected world, India's population including those belong to the scheduled tribes is undergoing demographic, socioeconomic and health transformation. According to 2011 census, the tribal population in India was 104 million constituting 8.6% of the country's population, up from 8.2% in 2001 census. The tribes in India have diverse cultural and life practices belonging to some 705 different ethnic groups and are scattered across all the States and Union Territories of India.

India's tribal people have far worse health indicators than the general population. Most tribal people live in remote rural hamlets in hilly, forested or desert areas where illiteracy, trying physical environments, malnutrition, inadequate access to potable water, lack of personal hygiene, ecologically variable niches and sanitation makes them more vulnerable to diseases. This presents a formidable challenge for the health care system to identify and address the gaps. The theme of the winter school focuses on learning the overall development of tribes and the effort of the healthcare system to bridge the prevailing inequalities and disparities.

Considering the health systems actions are of major importance at various levels of its control, exposure to Indian Health Care System is also embedded in the programme. The students will be exposed to understand on various national health programs, health profile of rural population and the existing public and private health care system in rural areas in Indian context. Each of these learnings will have background sessions followed by field exposure visits to learn about the functioning of different tiers of health system. This winter school thus aims to gain an insight about the tribal and rural healthcare system in India.

## **COURSE PREREQUISITES**

This course is designed for Health Systems Management, Public Health Administration & NCD majors enrolled in the MPH program. Other students may be admitted with approval of the instructor. Students should have active participatory interest with prior knowledge on Indian context of healthcare system and tribal health. The student should be capable of conducting qualitative observational and case studies on these topics followed by proficient literature review and report writing.

## **LEARNING OUTCOME**

By the end of this course the student is expected to-

1. Appreciate the functioning of Indian public and private health care system and various programmatic components in tribal and rural India.
2. Demonstrate a critical understanding of the culture, livelihood and traditional practices among different tribes
3. Identify a range of policy strategies that contribute towards overall tribal development.

## **METHODS OF INSTRUCTION**

This course incorporates mixed method of "theory-based orientation" and "team-based field learning". The course includes lectures, in-class activities, field visits to health facilities, field functionaries and rural communities and weekly reflections. Lectures, class assignments, presentations and report writing will be part of theory-based learning. Soft copies of the relevant reading materials will be shared with the students prior to the sessions. Visits to various tribal areas in coastal and mainland Karnataka will be organized as part of the field learning.

## Course Schedule

Week 1			
Day	Duration	Topic	Location
Jan 6, Mon	1000 - 1200	Nitte campus round-up, meeting key people, and introduction to Mangaluru	Deralakatte & Paneer Campuses
	1200-1300	Orientation on NWS 2020	University Board Room, 6 <sup>th</sup> Floor, Deralakatte Campus
Jan 7, Tue	0930-1030	Health Diversity & Epidemiological Transition in India	Sanmathi Hall, Nitte Campus
	1030-1300	Visit to Nitte Rural Medical & Psychiatric Care Centre & Community Health Centre	Nitte Village
	1400-1600	Visit to Outreach Health Centres of Nitte Health Care	Bailur & Gajria
Jan 8, Wed	0900- 0930	Recap	Sanmathi Hall, Nitte Campus
	0900- 1000	Indian Public Health Standards (IPHS)	
	1000-1100	Disease Burden in rural and tribal India	Sanmathi Hall, Nitte Campus
Jan 9, Thu	1130- 1300	Visit to Health Sub Centre and PHC for system understanding	Mala PHC, Western Ghats
	0900-0930	Recap	Sanmathi Hall, Nitte Campus
	09.30- 1030	Introduction to Koraga and Siddhi Tribes	Sanmathi Hall, Nitte Campus
Jan 10, Fri	1100-1600	Visit to Koraga and Siddhi tribal hamlets	Kinnigoli and Shankarpura
	1030- 1300	Visit to Tribal Development Office, Mangaluru	Mangaluru
	1400- 1600	Visit to Pilikula Heritage Village	
Jan 13, Mon	1000- 1300	Visit to Vivekananda Girijana Kalyana Kendra	B R Hills
	1400- 1600	Visit to Gumballi Primary Health Centre	Gumballi
	1900- 2000	Tribal cultural program	B R Hills
Jan 14, Tue	0600- 0800	Nature walk	
			B R Hills
	1000- 1300	Visit to Tribal Hospital and Tribal Subcentre	
Jan 15, Wed	1400- 1600	Visit to Soliga tribal Hamlet	
	<b>No sessions (Government Holiday)</b>		
Jan 16, Thu	0900- 1000	Recap	
	1400- 1600	Case studies and Report Writing	Sanmathi Hall, Nitte Campus
Jan 16, Fri	1000- 1200	Presentation of the reports, farewell and award of Certificates	University Board Room, 6 <sup>th</sup> Floor, Deralakatte Campus
	1200- 1300	Lunch and dispersion	

**Course Fee: Rs 26,600 per student (This fee is waived off for UMN students considering its existing MoU with Nitte)**

*Note: Students will be charged INR 15,000 (approximately: US\$220) for visit to Mysore and B R Hills (Tribal health project area in Chamrajnagar District (about 330 km from Nitte). This fee includes A/c train travel, decent accommodation, food, sightseeing and incidental expenses. This travel is optional with international students' participation on all-or-none basis.*

### For More Information

Write to us at: [hod.phealth.kshema@nitte.edu.in](mailto:hod.phealth.kshema@nitte.edu.in)

Call us at: +91 9844460590 (cell phone) OR +91 824 220 2444 (Landline, only between 0900 hours-1600 hours, weekdays)