

Thank you for your interest in the **EAT 2010 School Administrator Survey**. This survey about school policies and practices related to eating and physical activity was completed by administrators (e.g., principals, assistant principals) at the middle schools and high schools where young people were asked to complete surveys during the 2009-2010 school year. If you use items from this survey in your work, the following citations are recommended:

Larson N, Miller JM, Eisenberg ME, Watts AW, Story M, Neumark-Sztainer D. Multicontextual correlates of energy-dense, nutrient-poor snack food consumption by adolescents. *Appetite*. 2017;112:23-34.

Larson N, Wall M, Story M, and Neumark-Sztainer D. Home/family, peer, school, and neighborhood correlates of obesity in adolescents. *Obesity*. 2013;21(9):1858-1869.

Miller JM, Wolfson J, Laska MN, Nelson TF, Pereira MA, Neumark-Sztainer D. Factor analysis test of an ecological model of physical activity correlates. *Am J Health Behav*. 2019;43(1):57-75.

Additional information about Project EAT is available at the study website. There is limited support available for assistance with the survey.

Dianne Neumark-Sztainer, PhD, MPH, RD
Professor
Division of Epidemiology and Community Health
School of Public Health
University of Minnesota
1300 South Second Street Suite 300
Minneapolis, MN 55454
E-mail: neumark@epi.umn.edu

The questions below are about practices and policies relating to students in grades 6-12 during the 2009-2010 school year.

1. Does your school have a written policy prohibiting weight-related teasing, bullying or harassment of students by other students?

¹ No

² Yes → If yes, please briefly describe the school policy.

30

2. Please indicate whether any of the following practices occur at your school (Please check one box for each row):

	<i>No</i>	<i>Yes, it is up to the teacher</i>	<i>Yes, but it is discouraged</i>	
a. Students are allowed to have water bottles in class	¹ <input type="checkbox"/>	² <input type="checkbox"/>	³ <input type="checkbox"/>	31
b. Beverages other than water are regularly allowed in class (other than for parties or events)	¹ <input type="checkbox"/>	² <input type="checkbox"/>	³ <input type="checkbox"/>	32
c. Students are allowed to eat breakfast during class (other than for special test days)	¹ <input type="checkbox"/>	² <input type="checkbox"/>	³ <input type="checkbox"/>	33
d. Students are allowed to eat food during class (other than for parties or special events)	¹ <input type="checkbox"/>	² <input type="checkbox"/>	³ <input type="checkbox"/>	34
e. Food is used as a reward for good academic performance	¹ <input type="checkbox"/>	² <input type="checkbox"/>	³ <input type="checkbox"/>	35
f. Food is used as a reward for good behavior	¹ <input type="checkbox"/>	² <input type="checkbox"/>	³ <input type="checkbox"/>	36
g. Food may be part of classroom celebrations (e.g., pizza parties)	¹ <input type="checkbox"/>	² <input type="checkbox"/>	³ <input type="checkbox"/>	37

3. Please indicate whether any of the following practices occur at your school (Please check one box for each row):

	<i>No</i>	<i>Yes</i>	
a. Student groups or clubs are allowed to sell food or beverages as a fundraising activity <i>outside of the cafeteria</i>	¹ <input type="checkbox"/>	² <input type="checkbox"/>	38
b. Student groups or clubs are allowed to sell food or beverages as a fundraising activity <i>in the cafeteria</i>	¹ <input type="checkbox"/>	² <input type="checkbox"/>	39

(Please turn over)

4. Does your school partner with any food or beverage companies in any of the following ways?

	No	Yes	
a. Restaurant nights	1 <input type="checkbox"/>	2 <input type="checkbox"/>	40
b. Sponsorships	1 <input type="checkbox"/>	2 <input type="checkbox"/>	41
c. Contests	1 <input type="checkbox"/>	2 <input type="checkbox"/>	42
d. Scholarships	1 <input type="checkbox"/>	2 <input type="checkbox"/>	43
e. Support for athletics	1 <input type="checkbox"/>	2 <input type="checkbox"/>	44
f. Other: _____	1 <input type="checkbox"/>	2 <input type="checkbox"/>	45

5. In your opinion, to what extent has your school...

	Not at all	To a little extent	To some extent	To a great extent	To a very great extent	
a. ...made a serious/real effort to promote <i>healthy food and beverage habits</i> among students?	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	46
b. ...made a serious/real effort to promote <i>increased physical activity</i> among students?	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	47

6. To what extent are you concerned about students in your school...

	Not at all	To a little extent	To some extent	To a great extent	To a very great extent	
a. ...being overweight?	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	48
b. ...consuming more healthy and nutritious foods and beverages than they do now?	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	49
c. ...getting more exercise and physical activity than they do now?	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	50

What is your role/title? (please do not write your name) _____ |__|__| 51

Please write the roles/titles of others who helped you to complete the survey (not names of individuals) _____ |__|__| 53
 _____ |__|__| 55

What is today's date? _____ / _____ / 20____|__| 57-62
 Month Day Year

Thank you for completing the survey!