The Public Health Nutrition MPH program is a practice-based degree that focuses on improving the health of communities and populations, particularly diverse and/or underrepresented communities that experience disparities in health outcomes or healthy food access.

Program graduates are prepared to develop, implement, and evaluate nutrition programs, policies, and interventions to ensure that all populations, including those that live in underrepresented and underresourced communities, have opportunities for healthy eating and active living.

Our unique infrastructure combines public health nutrition, maternal and child health, community health promotion, and epidemiology in one department, giving students access across disciplines.
CAREER
An MPH degree in public health nutrition prepares individuals to work in local, state, or federal nutrition programs as well as non-profit and global non-governmental organizations, private practice, industry, and health promotion and wellness programs. Graduates utilize policy, systems, and environmental change strategies to develop, implement, and evaluate public health and community nutrition programs for populations, including diverse, under-resourced communities.

Graduates of the program are eligible to take the Certification in Public Health (CPH) examination after completion of the program to become credentialed as a Registered Dietitian Nutritionist (RDN). They are prepared to work in all of the settings above as well as community clinics, and inpatient and outpatient clinical settings. The scope of practice for coordinated program graduates is expanded to include medical nutrition therapy.

AFFILIATED RESEARCH CENTER
The Healthy Weight Research Center supports public health nutrition MPH students through research, professional development opportunities, and educational tools and resources.

ADMISSIONS
APPLICATION REQUIREMENTS
• Official transcripts
• 3 letters of recommendation
• Resume or C.V.
• Statement of purpose and objectives

PREREQUISITES
Traditional Program
• One human biology course
• Chemistry courses through biochemistry
• One social science course
• One introduction to human nutrition

Coordinated Program
All of the above courses are required, in addition to the following:
• One microbiology course
• One human physiology course
• One introduction to food science course
• One food systems operations management course

Note: students that have a verification statement from an accredited didactic program in dietetics have met all of the prerequisites of this program.

POSITIONS HELD BY GRADUATES
USDA FNS Midwest Regional Office
Branch Chief, School Meal Programs and Food Distribution Programs

CDC - Division of Nutrition, Physical Activity and Obesity
Director, Policy, Partnerships and Communications

Second Harvest Heartland
Child Hunger Specialist

University of Minnesota Extension
State Health Improvement Partnership Educator

U.S. Health Resources and Services Administration
Public Health Analyst

Ohio Department of Education
Education Program Specialist

Minnesota Department of Health
Diabetes Supervisor

FACULTY PROFILE
Jamie Stang’s expertise is in Maternal and Child Health (MCH) nutrition and public health nutrition. She teaches Foundations of Public Health Nutrition, and Maternal, Infant, Child and Adolescent Nutrition. She served on the 2020 Dietary Guidelines for Americans Scientific Expert Committee and has been honored by numerous organizations for her excellent teaching, service, and research, including receiving the 2013 Academy of Nutrition and Dietetics Medallion Award. Jamie is the current President of the Association of State Public Health Nutritionists.