

FIRST YEAR

FIRST SEMESTER

Getting Started

- Sign up for [mentor program](#)
- Consider completing [self assessments](#)
- Review [Handbook](#) and [Job Search Strategies](#)

Career Development

- [Update your resume](#)
- [Update your LinkedIn](#)
- Visit the [Career Center website](#)
- Build [relationships through networking](#)
- Attend [Career Development events](#)
- [Read job postings](#) to identify valued skills and explore career interests

SECOND SEMESTER

MPH Students - Applied Practice

- Apply to [applied practice opportunities](#)
- Prepare for [summer job/AP](#)
- Adhere to [deadlines related to AP](#)

Continue to...

- Get involved with [student groups](#)
- Do [informal interviews/networking](#)
- Attend [group coaching sessions](#)
- Maximize your [mentor program](#)
- Attend [networking events and job fairs](#)

SUMMER

MPH Students - Applied Practice

- Document actions/results from AP
- Review work plan with preceptor and set expectations for communication
- Ask preceptor for LinkedIn recommendations to connect with
- [Update resume](#) (post AP)
- [Update LinkedIn profile](#) (post AP)

Continue to...

- Attend [professional conferences and events](#)
- Network with [SPH alumni](#) and [field professionals](#)

SECOND YEAR

THIRD SEMESTER

Continue to...

- Attend group coaching sessions (via Zoom)
- Attend career and professional development workshops and career fairs
- Do outreach to contacts at desired organizations

Continue to...

- Attend employer networking events or information sessions
- If interested in fellowships - connect with SPH Career Coach early in the semester
- Look at starting salaries in your field to prepare for negotiations

FOURTH SEMESTER

Continue to...

- Attend career and professional development workshops and career fairs
- Attend networking events
- Attend group coaching sessions
- Conduct mock interviews
- Do outreach to contacts at desired organizations
- Apply for full-time positions

Before graduating

- Complete SPH Career survey which includes reporting post-grad plans
- Negotiate offer and accept full-time position!

POST-GRAD

CONGRATS!

- Be open to change
- Continue to network, engage with Alumni, and build relationships (Maroon and Gold Network)
- Maintain work/life balance
- Get ready for work! (The First 90 Days)

Continue to...

- Remain engaged in your field
- Consider using an IDP (Individual Development Plan)
- Get to know your team better, and define what success looks like with your manager
- Be a mentor

