

HEALTH EQUITY MINOR



The Health Equity Minor promotes understanding of the root causes of health inequalities and explores practice and policy solutions to eliminate health inequalities. Understanding structural factors that lead to health inequalities prepares students to develop strategies to promote health equity. Courses approved for the minor are offered in a variety of disciplines throughout the University.

The Health Equity Minor is the only graduate minor of its kind offered at a U.S. college or university providing students with a competitive edge in work environments and in academia.

PROGRAM OVERVIEW

MASTER'S STUDENTS, 7 CREDITS*

Master's students must complete 7 credits, including 2 required classes and optional electives. Students tailor the program to their individual needs and interests through electives in the School of Public Health or other approved classes across the University. These courses enable students to develop a specialty emphasis.

DOCTORAL STUDENTS, 12 CREDITS*

Doctoral students must complete 12 credits, including 2 required classes and optional electives. Students tailor the program to their individual needs and interests through electives in the School of Public Health or other approved classes across the University.

*Credits taken for the minor are in addition to the minimum required credits for your graduate program.

LEARNING OBJECTIVES

- Learn about the extent and nature of health disparities and methods for documenting, measuring, and communicating about gaps in health achievement;
- Analyze the roots of health disparities in our cultural histories and the process by which these gaps are generated and perpetuated;
- Understand the roles of our systems of government, healthcare and public health in generating health disparities;
- Explore potential practice and policy solutions for eliminating health disparities as well as unintended consequences; and
- Recognize the unique and integral role of cultural communities and social groups in defining the problems associated with their health and directing the solutions.

DECLARING A MINOR

The Health Equity Minor is open to all graduate students at the University of Minnesota. To declare the minor, visit our website: sph.umn.edu. Timelines and contact information are included on the website.

CAREERS

Health Equity minor students are well-prepared to work in a variety of fields and positions, such as private companies, NGOs, national and international organizations, state and local health departments, and research. With the help of the minor, students are able to navigate health sectors with a lens in health equity and integrate practice and policy solutions.

CORE COURSE REQUIREMENTS

1. **CSPH 5115** Cultural Knowledge, Health, and Contemporary Cultural Communities (3 cr), **or**
PUBH 6066 Building Communities, Increasing Health: Preparing for Community Health Work (2 cr), **or**
PUBH 6055 Social Inequalities in Health (2 cr), **or**
PUBH 6855 Medical Sociology
2. **PUBH 6772** Capstone Seminar (1 cr)

SAMPLE ELECTIVE COURSE OPTIONS

PUBLIC HEALTH

- **PUBH 6606** Children's Health: Issues, Policies, & Programs
- **PUBH 6675** Women's Health
- **PUBH 6703** Health Impact Assessment: A Tool to Promote Health Equity
- **PUBH 6804** Community Mental Health
- **PUBH 6816** Community-Based Participatory Research

PUBLIC AFFAIRS

- **PA 5290** Urban Planning & Health Equity
- **PA 5401** Poverty, Inequality, and Public Policy
- **PA 5421** Racial Inequality and Public Policy
- **PA 5451** Immigration, Health, and Public Policy

SOCIOLOGY

- **SOC 8201** Social Stratification and Mobility
- **SOC 8211** The Sociology of Race and Racialization
- **SOC 8745** Sociology of Culture

Additional electives are offered in Nursing, Complimentary and Alternative Medicine, Political Science, Social Work, and more.

LEARN MORE: SPH.UMN.EDU

GRADUATING CLASS OF 2020



STUDENT PROFILE



Sabrina Roowala, MPH is a graduate of the Health Equity Minor. The Health Equity Minor enabled Sabrina to dive deeper, and engage in discussions surrounding health disparities and why they exist. It has also encouraged Sabrina to push herself and those around her to determine how they are going to change systemic inequities to improve the health of communities. Through the minor, she engaged in self-assessment and learned how to recognize patterns of inequity and the value of community engagement and building on community assets.

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