WHAT IS A MASTER OF PUBLIC HEALTH (MPH)?

An MPH degree teaches you how to improve community health, prevent disease, and engage communities to create lasting change. You'll learn to tackle public health challenges, collaborate across sectors, and educate the public. With an MPH you'll be ready to shape policy and protect health in a variety of communities such as children, elderly, disadvantaged, rural, urban, and more.

Choose Your Path: MPH Programs at SPH

Community Health Promotion: Design, deliver, and evaluate social and behavioral programs and policies to advance health equity.

Environmental Health: Explore how air, water, animal, food, and work environments impact health and how to protect people.

Epidemiology: Study disease patterns, analyze data, and uncover the causes behind health trends to improve public health.

Maternal & Child Health: Advance health equity for women, children, birthing people, and families through advocacy, care, and research.

Public Health Administration & Policy: Shape policy and manage health organizations to create systems that better serve entire communities and populations.

Public Health Data Science: Use coding, statistics, and machine learning to drive evidence-based solutions to public health challenges.

Public Health Practice: For working professionals (physicians, pharmacist, dentists, nurses, veterinarians), this flexible program supports your training to lead population health efforts.

Public Health Nutrition: Tackle nutrition-related health disparities and promote food justice through science, policy, and community engagement.

YOU'RE READY TO CREATE A HEALTHIER FUTURE -

and we're ready to help you every step of the way.

I want a career that improves health and changes lives.

SPH is committed to making health a human right—for every person, everywhere—with nationally-recognized strengths in rural health, aging, and health equity, among many others.

I want a future full of possibilities.

Our engaged alumni network, hands-on learning opportunities, and personalized career coaching help you land internships, fellowships, and jobs that match your dreams.

I want to be seen and supported.

SPH offers small classes, accessible professors, and a supportive student community.

I want to live, study, and work in a metropolitan area.

Minneapolis–Saint Paul offers progressive values, rich cultural communities, access to jobs at top healthcare organizations, national sports teams, a thriving food and arts scene, and outdoor adventures year-round.

LET'S CHANGE THE WORLD TOGETHER

At the University of Minnesota School of Public Health, you'll find a place that matches your drive to make a difference.

Explore MPH Programs

z.umn.edu/mph-sph

Pictured: Students in our legislative advocacy course tour the Minnesota state capitol.